



Health Services

Addisonian Crisis Emergency Care Plan

An "Addisonian crisis" or "adrenal crisis" is a constellation of symptoms that indicate severe adrenal insufficiency. This may be the result of either previously undiagnosed Addison's disease, a disease process suddenly affecting adrenal function (such as adrenal hemorrhage), or an inter-current problem (e.g. infection, trauma) in someone known to have Addison's disease. It is a medical emergency and potentially life-threatening situation requiring immediate emergency treatment.

If You See This	Do This
<ul style="list-style-type: none"> • Severe pain in legs, lower back or abdomen • Severe vomiting/diarrhea • Dizziness • Confusion, slurred speech • Severe lethargy • Convulsions • Loss of consciousness 	<p><u>Stay with student and keep student calm/quiet</u></p> <ol style="list-style-type: none"> 1. Call 911 2. Send for School Nurse and state student's name 3. Notify Administration 4. Nurse /Administration will notify Parent/Guardian <p>Student should go to hospital emergency room if these symptoms develop</p>

An **Emergency Care Plan** is a plan that gives specific steps for school staff to take when a student has a medical emergency. The plan contains a short definition of the condition, signs and symptoms of the health condition that are emergent and a written step-by-step instruction that outlines what school staff should do for that emergency. Skyward provides information regarding the student's medical condition and parental/guardian's contact information. Health Conditions and ECPs are to remain confidential. Please keep in a secure location and not out in the open.

- We ask that teachers familiarize themselves with the ECPs that are applicable to students' health condition/s in their class. Ask privately:
 1. If the student uses emergency medication/s
 2. If the student keeps emergency medication/s with them
 3. If the student keeps emergency medication/s in the schools' clinic
- Fill out the Student Health Condition List. Print out as many as needed or one per class period.
- Leave the Student Health Condition List and ECPs pertinent to current health conditions in the substitute teacher folders in a secure location
- Ask the school nurse to meet in order to answer any questions on student's health condition or to provide training on emergency medication/s