

# Getting started with Teladoc



**Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.**



**1**

**Online:**

Go to [Teladoc.com](https://teladoc.com) and click "**set up account**".

**Mobile app:**

Download the app and click "**Activate account**". Visit [teladoc.com/mobile](https://teladoc.com/mobile) to download the app.

**Call Teladoc:**

Teladoc can help you register your account over the phone.

**SET UP YOUR ACCOUNT**

Set up your account by phone, web or mobile app.



**2**

**PROVIDE MEDICAL HISTORY**

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.



**3**

**REQUEST A CONSULT**

Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web or mobile app.

Talk to a doctor anytime

 [Teladoc.com](https://teladoc.com)

 **1-800-Teladoc (835-2362)**

