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Weekly News for Parents
Shell Elementary School
Friday, February 14, 2020

Our focus trait is perseverance. In order to succeed in both school and life, students need to develop grit and a spirit of determination. As parents, we should have frequent discussions with our children about the importance of these skills, and teach them to react constructively to a setback and then evaluate and re-plan if necessary. Here are some tips for fostering perseverance and grit in children, whether in the classroom, at home, or elsewhere:

- Regularly encourage children to try new things. No one is perfect at anything when they start- teach your child that falling down or not winning isn't the end of the world.

- Share some instances when you've needed perseverance

and grit to accomplish a difficult task. We don't often talk about our earlier failures, so children sometimes think that adult successes all come with ease.

- Be overt. Tell them that they are working on perseverance skills and let them know that struggle and failure are likely. Knowing that they are meant to struggle makes it much easier to deal with.

- Be there for them when they do struggle or fail. Provide support, help them evaluate why things weren't successful, and guide them in determining how to replan and try again.

- Encourage them. Don't reward or congratulate them only for achievement. Recognize effort and perseverance as well.

<https://www.parenttoolkit.com/social-and-emotional-development/news/resilience-and-perserverance/perseverance-and-grit-can-be-taught>

Happy Birthday!

Ms. Wright 3/9

Mrs. Ratliff 3/19

Mrs. Ankney 3/20

Ms. Bach 3/20

Mrs. Gomes 3/28

Mrs. Green 4/5

Coming Events

Mon., 2/17

No School; Presidents' Day

Tues., 2/18

Parent Patrol meeting @ 6

Thurs., 2/20

Interim Reports

Tues., 2/25

Class Picture Day

Wed., 2/26

SAC Meeting @ 1:00

Fri., 3/6

KG Career Showcase

Mon., 3/16

2nd grade to Camp Crystal

Tues., 3/17

AR Night "Luck of the Irish"

Tues., 3/17-Thurs., 3/19

5th grade to Camp Crystal

Fri., 3/20

No school; Teacher Workday

Mon., 3/23-Fri., 3/27

Spring Break

**A RIVER
CUTS THROUGH
A ROCK NOT
BECAUSE OF ITS
POWER, BUT ITS
PERSISTENCE.**

Your Teacher